

Non-Fiction Autumn 2022



NON-FICTION

Autumn 2022

Foreign Rights Guide

Contents

03

Resistance is Female

JO ANGERER

04

One False Word

RENÉ PFISTER

05

One Wrong Click

EVA WOLFANGEL

07

The Green Decade

HORST VON BUTTLAR

08

Twenty-First Century Monopolies

HANS-JÜRGEN JAKOBS

09

Laughing Matters

YVES BOSSART

11

The Mind of Homo Digitalis

JOHANNES HEPP

12

Bad Trees

MARKUS BENNEMANN

13

The Wisdom of Foxes

DAG FROMMHOLD, DANIEL PELLER

15

Light As a Feather

EVA GORIS, CLAUS-PETER HUTTER

17

An Epitaph to the Arctic

BIRGIT LUTZ

18

The Invisibles

MAIK BAUMGÄRTNER, ANN-KATRIN
MÜLLER

19

The Last Secrets of the Middle East

DANIEL GERLACH

20

The Great Witch Hunt

EVA-MARIA SCHNURR (EDITOR)

21

Villa Verde, or: the Hotel in San Remo

EVA WEISSWEILER

23

My Day Dawns in Your Shadow

VERONICA FRENZEL

24

Belly Instinct

JANA HEINICKE

25

Stroke or Slaughter?

MARCEL SEBASTIAN

26

The Blessed

MICHAEL HORENI

27

Romy Schneider

NICOLAS MAHLER

28

Poppies and Rain

ALEXA VON HEYDEN

29

The Day that Changed My Life

TIM PRÖSE

30

Aitutaki Blues

LUKAS SAM SCHREIBER

31

**How I Set Out to Do the Things I
Always Wanted to Do**

MARTIN WITTMANN



Current Affairs

Publishing House: Goldmann
 Format: Hardcover
 Pages & Size: 192 | 13,5x21,5 cm
 Original title: Wenn Widerstand weiblich ist

JO ANGERER

Resistance is Female

THE WOMEN'S REVOLUTION IN THE FORMER SOVIET STATES

Date of publication: October 05, 2022

A unique, gripping journey to places where history is being made – from Belarus to Ukraine, from Georgia to Kyrgyzstan

When the world saw images of women in Belarus demonstrating against Aleksandr Lukashenko, the opposition movement against the "last European dictator" gained momentum. Meanwhile, in Russia women went onto the streets to support Alexei Navalny, and in many other former Soviet states too, people have been calling for the dismantling of the old structures that still persist in both politics and daily life.

This revolution is predominantly female: it is the women who are making the decisive advances. The journalist and Moscow correspondent Jo Angerer tells the story of these uprisings, using personal stories to reveal the precarious social position of women in the region, and placing their experience in the context of the Soviet Union and the status of women in the former communist state. He argues that the former Soviet states are merely restoring patriarchal gender divisions, and that their women are still seriously disadvantaged. Angerer reports on the women's resistance movements in several of these countries, from Belarus, Russia and Ukraine all the way to Kyrgyzstan and Azerbaijan – including moving, sometimes shocking, accounts, and the kinds of stories that aren't usually thought worth mentioning in the news. An illuminating look at this region's politics and its key protagonists.



CONTACT US DIRECTLY AT

foreignrights.penguinrandomhouse.de/contact

✉ lizenzen@penguinrandomhouse.de

AUTHOR

Jo Angerer



© Annika Fußwinkel

Jo Angerer, born in 1956, began his career as a journalist working for the Bayerische Rundfunk in Munich. After moving to the WDR, he worked on the ARD programme Monitor, and wrote and directed several documentaries for ARD and WDR. He specialises in investigative journalism and peace and security policy. In 2019, he moved to Moscow, where he now works as a TV correspondent.

RENÉ PFISTER



Current Affairs

Publishing House: DVA
 Format: Hardcover
 Pages & Size: 256 | 13,5x21,5 cm
 Original title: Ein falsches Wort

One False Word

THE NEW LEFT-WING IDEOLOGY THREATENING OUR FREEDOM OF SPEECH

Date of publication: August 31, 2022

Rights sold to: Korea (Moonye), Slovak Republic (Postoj)

The US is witnessing a bitter fight over identity and freedom of speech

A left-wing ideological revolution is spreading through the US. Although fuelled by a desire for equality and anti-racism, it is ironically creating a new kind of intolerance: in the liberal media, one wrong word can spell the end of your career; universities are gripped by a climate of fear; and some companies are sacking any employees who defy this new zeitgeist.

René Pfister, the Spiegel's Washington DC bureau chief, tells the story of some of those caught up in this new political religion, and explains why the US's democracy is under threat from the left as well as the right. He explains how dogmatism, "them and us" thinking and online mob mentality are endangering freedom of speech in the US, and warns that we have to act now to resist this new fundamentalism and safeguard our freedoms.

CONTACT US DIRECTLY AT

foreignrights.penguinrandomhouse.de/contact

✉ lizenzen@penguinrandomhouse.de

AUTHOR

René Pfister



© Maurice Weiss/DER SPIEGEL

René Pfister, born in 1974, studied political science in Munich and is a graduate of the German Journalism School. He first worked at the ddp and Reuters news agencies, before joining the Spiegel in 2004. He has made a name for himself with his investigative journalism – among other things revealing the NSA's bugging of Chancellor Angela Merkel's mobile phone. In 2019, he became head of the Spiegel's Berlin office, and in 2019 was appointed its Washington DC bureau chief. He has won numerous awards for his work.



Current Affairs

Publishing House: Penguin
 Format: Paperback
 Pages & Size: 352 | 13,5x20,6 cm
 Original title: Ein falscher Klick

EVA WOLFANGEL

One Wrong Click

ON THE TRAIL OF HACKERS: WHY THE CYBER WAR AFFECTS US ALL

Date of publication: November 09, 2022

Thrilling reports from the world of hackers show how we can protect ourselves against attacks on the internet

Hacked power plants, failed satellite communications, shut-down hospitals: the cyber war is getting out of control. This book explains in a gripping, comprehensible way and with many concrete examples the dangers of online crime to which we are currently exposed.

Eva Wolfangel brings us to the scene of the action: we are up close and personal when hackers attack companies and individuals, accompany investigators on their search for clues and those affected as they try to limit the damage. The hacks are as exciting as a thriller. Except: they are not fictional. They happened for real and can affect any one of us - at any time. However, we are not as powerless as we think. Those who know and understand the typical attack patterns of hackers can circumvent many dangers and thus regain their own power to act. "One Wrong Click" is a vivid book for everyone who previously thought cybersecurity was only something for nerds.


You will read this book with bated breath until the last page, and perceive the growing threat from chapter to chapter.

Spektrum der Wissenschaft

[...] Wolfangel opens up a view into the world of cybercrime,

CONTACT US DIRECTLY AT

foreignrights.penguinrandomhouse.de/contact

 lizenzen@penguinrandomhouse.de

AUTHOR

Eva Wolfangel



© Helena Ebel

Eva Wolfangel is an award-winning science journalist, speaker and presenter. In 2019 and 2020, she was a Knight Science Journalism Fellow at MIT and Harvard, where she studied cybersecurity under Barack Obama's former security advisor. She works freelance for Die Zeit, GEO and Spiegel Online, among others. In 2018, she was awarded the European Science Writer of the Year award, and she also received the Reporter Prize in 2020. She researches future threats from hacking attacks by frequently conducting investigative work in the scene.

which no longer consists of individual ingenious hackers, but is controlled by entire states.

Spektrum der Wissenschaft

Wolfangel manages the feat of telling about cybercrime in a way that turns nerdy stuff into a whodunit.

Technology Review

Thrilling as a whodunit!

Best Non-Fiction (ZDF, DLF Kultur & DIE ZEIT, January 2023)

In today's world, in which cybercrimes are increasingly dangerous and common, Eva Wolfangel's book, One Wrong Click, is timely, important, and essential reading. This book - which combines journalistic skill with intelligent understanding of modern technology, offers a much needed and very readable look at cybersecurity issues that underlie everything from personal safety to national security. Its readable, its smart and its a remarkably valuable guide to protective measures needed by all of us, from countries to individual citizens. Its such a smart, innovative, insightful look at these issues that I've no doubt it will receive an enthusiastic response both here in the United States and around the world.

Deborah Blum, Director of Knight Science Journalism Program at MIT



Economy

Publishing House: Penguin
 Format: Hardcover
 Pages & Size: 336 | 13,5x21,5 cm
 Illustrations: 49 color illustrations
 Original title: Das grüne Jahrzehnt

HORST VON BUTTLAR

The Green Decade

HOW THE CLIMATE CRISIS IS REVOLUTIONISING OUR ECONOMY

Date of publication: September 28, 2022

Rights sold to: China (CITIC)

With graphics throughout


The green revolution – and why the next ten years will be decisive for the future of business

Our economy is facing the biggest transformation since the Industrial Revolution, as we prepare the ground for becoming a net zero country by 2045. Many business leaders recognise that they have until 2030 to start changing the way they operate, and are investing billions to safeguard jobs and their companies' financial future.

In "The Green Decade", Horst von Buttlar, editor-in-chief of Capital, looks at how the climate crisis is affecting our economy. Using numerous examples from industry – from major corporations such as BASF and ThyssenKrupp to newcomers like Northvolt and Climeworks, which are exploring innovative technologies – he reveals what strategies businesses are pursuing, and the risks and challenges involved. One thing is clear: any business without a sustainability strategy will have no future. But there are still things we can do to make it work, and huge opportunities await any company willing to rethink its policies.

CONTACT US DIRECTLY AT

foreignrights.penguinrandomhouse.de/contact

 lizenzen@penguinrandomhouse.de

AUTHOR

Horst von Buttlar



© Maximilian Virgili/Capital

Horst von Buttlar is editor-in-chief of the business magazine Capital. He also presents the popular economy podcast "Die Stunde Null". He has a degree in Slavic studies, history and political science, and is a graduate of the German Journalism School in Munich. In 2004, he joined the Financial Times Germany as editor; in 2007, he became head of its reporting team and in 2009 section head at G+J (comprising FTD, Capital, Impulse and Business Punk). He was awarded the prestigious Theodor Wolff Prize in 2005, received the 2008 Herbert Quandt Media Prize for business journalism, and was named Business Journalist of the Year in 2019.



Economy

Publishing House: DVA
 Format: Hardcover
 Pages & Size: 432 | 15,0x22,7 cm
 Illustrations: 25 color illustrations
 Original title: Das Monopol im 21. Jahrhundert

HANS-JÜRGEN JAKOBS

Twenty-First Century Monopolies

HOW STATE-RUN AND PRIVATELY OWNED CORPORATIONS ARE DESTROYING OUR WEALTH

Date of publication: September 28, 2022

English sample translation available

Illustrations throughout

Eat or be eaten: twenty-first century capitalism shows its teeth

Google, Gazprom, Blackrock, USA, China and Russia: some corporations and states are controlling the markets, and profoundly affecting our lives. Monopolies – with the power they exert over everything from raw materials, capital and energy resources, to food and data – are threatening to erase competition. This results in less innovation and higher prices, and not least economic and political dependency. Our wealth – yes, even our freedom – is under threat, as our reliance on Russian gas has proved in recent months.

In this highly topical, brilliantly researched and handsomely illustrated book, Hans-Jürgen Jakobs explores this dangerous "mega trend" – examining its causes, projecting what our markets will look like in future and who will control them, and exploring the economic and political consequences for all of us.

CONTACT US DIRECTLY AT

foreignrights.penguinrandomhouse.de/contact

✉ lizenzen@penguinrandomhouse.de

AUTHOR

Hans-Jürgen Jakobs



© Frank Beer

Hans-Jürgen Jakobs, born in 1956, is an economist and one of Germany's most renowned economic journalists. He has worked for the Spiegel and been in charge of the online edition of the Süddeutsche Zeitung city desk. Since 2013 he has been active in various functions for the Handelsblatt publishing group. He was the Handelsblatt's editor-in-chief until 2015, and in 2016 became its senior editor. In 2018, he was appointed editor-in-chief of the Handelsblatt Morning Briefing, which has a circulation of more than 130,000 readers. His most recent book "Wem gehört die Welt?" ("Who Owns the World?") was a bestseller.

YVES BOSSART

|BLESSING VERLAG|

Laughing Matters

A SHORT PHILOSOPHY OF LAUGHTER

Date of publication: September 21, 2022

Rights sold to: Romania (Baroque), The Netherlands (Alfabet), Turkey (İletisim)

A philosophical journey into silliness – reassuring, surprising and entertaining

Umberto Eco once said that laughter is the "art of cancelling fear" – which is why humour is so often the *bête noire* of scaremongers. Humour can help us step back, and take a fresh, objective look at our convictions. It thus not only acts as a foil to fanaticism, but is a prerequisite for openness and freedom of thought.

"Laughing Matters" takes us on an illuminating philosophical journey through all things humour: why do we laugh at all? What happens to our bodies and minds, when we find something funny? Is laughter merely a matter of taste, or is there an ethical line we mustn't cross? And what did Plato, Nietzsche and Kant make of this age-old and very human phenomenon?

The perfect book for these challenging times – after all, humour is but laughter in the dark.

[...] a seriously amusing account of how humour can improve your life, your thinking and even your death, packed with philosophical anecdotes.

myself



Philosophy

Publishing House: Blessing
Format: Hardcover
Pages & Size: 128 | 11,8x18,7 cm
Illustrations: 9 b/w illustrations
Original title: Trotzdem lachen

CONTACT US DIRECTLY AT

foreignrights.penguinrandomhouse.de/contact

✉ lizenzen@penguinrandomhouse.de

AUTHOR

Yves Bossart



© Alexis Amitirigala

Yves Bossart, born in 1983, studied philosophy in Lucerne, Zurich and Heidelberg, and graduated with a PhD from Humboldt University in Berlin. He is the editor of "Sehen soweit das Denken reicht. Eine Begegnung von Philosophie und Fotografie" ("Seeing As Far As We Can Think: Philosophy Meets Photography"), and the author of the international bestseller "Ohne Heute gäbe es morgen kein Gestern" ("Without Today There Wouldn't Be a Yesterday Tomorrow"). He has been a secondary-school teacher, appeared several times at phil.cologne (the International Festival of Philosophy), and has been an editor, producer and, as of 2017, the presenter of the Swiss TV programme "Philosophy's Golden Hour". He lives in Zurich with his family.

Laughing Matters is by no means a dry treatise. It veritably delights in humour.

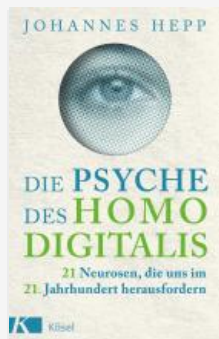
Philosophie Magazin

A practical and thought-provoking little book, which even rewards its readers with a smattering of actual jokes.

Buchkultur

[...] a book for everyone [...] this thought-provoking examination of laughter and humour makes you think more deeply about why you find certain things funny.

RH-Podcasts 'Long Story Short'



Psychology

Publishing House: Kösel
Format: Hardcover
Pages & Size: 416 | 13,5x21,5 cm
Original title: Die Psyche des Homo Digitalis

JOHANNES HEPP

The Mind of Homo Digitalis

21 NEUROSES FOR THE TWENTY-FIRST CENTURY

Date of publication: August 24, 2022

Rights sold to: China (China Textile), Turkey (Serenad)


What digitalisation is doing to our minds

The psychologist and psychotherapist Johannes Hepp takes an in-depth look at how our rapidly accelerating digitalisation is making us neurotic, what is causing it, how to create greater awareness of this development, and what we can do about it. Divided into three parts – "Love", "Work" and "Meaning" – this book introduces us to 21 twenty-first-century neuroses. Hepp spans a wide range from internet and online sex addiction, relationship fears and growing loneliness (despite global connectedness), from dating and profile neuroses to educational competition and sickening perfectionism, self-optimisation and uniqueness compulsions to the eternity promises of age research and the new data religion.

To help us counteract these dizzying tendencies, the author provides a perceptive, but also hopeful and humorous examination for our fast-paced times of bits and bytes. Through concrete advice, personal experiences and examples from his psychotherapeutic practice, Hepp helps us to strengthen our psychological resistance in the face of the digital manipulation we're subjected to and to find our way safely through the digital jungle.

CONTACT US DIRECTLY AT

foreignrights.penguinrandomhouse.de/contact

 lizenzen@penguinrandomhouse.de

AUTHOR

Johannes Hepp



© Julia Schärkel

Johannes Hepp, born in 1969, is a clinical psychologist and psychoanalyst running his own practice in Munich, and specialises among other things in couples and family therapy. He is a father of two sons, studied philosophy in the Congo, was taught by Otto Kernberg in New York, spent time as an artist observing life in Buenos Aires, has been a sharp-eyed photojournalist looking at the darker side of life, and has worked as a family law advisor. www.johanneshepppraxis.com



Nature & Climate Change

Publishing House: Goldmann
 Format: Paperback
 With illustrations from: Janine Czichy
 Pages & Size: 272 | 13,5x21,2 cm
 Illustrations: 20 b/w illustrations
 Original title: Böse Bäume

MARKUS BENNEMANN

Bad Trees

THEY KILL, STEAL AND COMMIT ARSON – THE DARK SIDE OF OUR BELOVED WOODLAND FRIENDS

Date of publication: November 09, 2022

Rights sold to: Denmark (Brilleuglen)

English sample translation available

With 20 b/w illustrations


The evil life of trees: the truth about our beloved woodland friends

No wonder we love trees so much. Even just a short stroll through a park or woodland helps us breathe easier and replenish our energy resources, and looking up into the leafy canopy above your head can help clear your mind. But beeches, yews, etc. also have a darker side: they commit all sorts of nefarious deeds, and are willing to poison, mutilate and kill to gain the advantage over their neighbours. In "Bad Trees", the science editor Markus Bennemann – who loves nothing more than taking a stroll in the woods – uncovers the unpleasant truth about their darker side. He tells readers about the tropical strangler fig, which insidiously chokes its victims; about the domestic walnut, which turns out to be a nasty poisoner; and about eucalyptus trees, who are actually pyromaniacs – and many other such unpalatable fellows in the world of trees.

 GOLDMANN

CONTACT US DIRECTLY AT

foreignrights.penguinrandomhouse.de/contact

 lizenzen@penguinrandomhouse.de

AUTHOR

Markus Bennemann



© Karim Omar

Markus Bennemann couldn't decide whether to major in literature or biology. In the end, he chose literature, and now writes books about... well, biology. His most recent book is the bestselling "Böse Bäume" ('Bad trees').

ILLUSTRATOR

Janine Czichy



© Sheila van Danz



Nature & Climate Change

Publishing House: Ludwig
 Format: Hardcover
 Pages & Size: 400 | 12,5x20,0 cm
 Original title: Die Weisheit der Füchse

DAG FROMMHOLD, DANIEL PELLER

The Wisdom of Foxes

CLEVER, PLAYFUL AND CARING – WHAT THESE SHREWD SURVIVAL ARTISTS CAN TEACH US

Date of publication: September 14, 2022

Rights sold to: Estonia (Tänapäev), Slovakia (IKAR)

Photos throughout & insert

The secret life of foxes – surprising and inspiring

Red fur, amber eyes, a bushy tail: foxes are incredibly beautiful animals. We also think of them as intelligent, shrewd and playful. Yet foxes are not just smart: they have an extraordinary gift for empathy and are excellent communicators. They have a capacity for altruism and self-sacrifice, foster close emotional relationships, and are affectionate partners and loving parents. Foxes prove that you can achieve more through constructive debate than aggression, that smarts and flexibility can get us what we want, and that selflessness benefits everyone in the end.

In "The Wisdom of Foxes", fox experts Dag Frommhold and Daniel Peller tell astonishing stories showing just how fascinating foxes are – not only are they much more like us than we think, but we can learn a lot from these unsung heroes.

Dag Frommhold and Daniel Peller have spent years studying foxes and campaigning for their protection. You can tell from every line of this touching and intelligent book just how intimately they know these fascinating creatures.

Elli H. Radinger, author of The Wisdom of Wolves

CONTACT US DIRECTLY AT

foreignrights.penguinrandomhouse.de/contact

✉ lizenzen@penguinrandomhouse.de

AUTHOR

Dag Frommhold

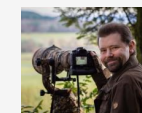


© Melanie Schneider Fotografie

Dag Frommhold has loved foxes ever since he was a child. As an author, co-founder of wildlife conservation initiatives and spokesperson for various wildlife and nature conservation organisations, he has spent many years championing foxes and their fellow vulpines.

AUTHOR

Daniel Peller



© Daniel Peller

When a serious illness forced him to give up his job, Daniel Peller decided to dedicate his life to foxes. After more than twenty years of observing them, corresponding with international fox specialists and closely working with wildlife shelters, he is now a bona fide fox expert. In 2017, he founded the organisation "Fox Aid", running its online aid network, and campaigning for wildlife conservation.

A gripping read [...] Frommhold and Peller convey their knowledge brilliantly, with intelligence, wit and empathy, while always tracing links to our everyday lives.

Gießener Allgemeinen

EVA GORIS, CLAUS-PETER HUTTER

Light As a Feather

THE REMARKABLE LIFE OF SPARROWS

Date of publication: November 09, 2022

Rights sold to: Turkey (Serenad)

With b/w illustrations

Never far away – but at home all over the world

Sparrows lead a very public life, yet we know so little about them – even though the sparrows' genome proves that humans and sparrows have had lived alongside each other for millennia. When humans turned to agriculture, sparrows evolved into grain-eaters, and they have stuck with us ever since. But today, sparrows have gone from being the second most common bird in Germany – they used to be so omnipresent that they feature in countless sayings – to being at risk of extinction. The naturalists Eva Goris and Claus-Peter Hutter invite us to join them on a journey of discovery into the secret world of a supposedly old familiar, delivering a gripping cultural history packed with thrilling facts about the fascinating life of sparrows – whose motto is "One for all, all for one." Along the way, you'll find out what we can do to make life easier for these birds, and how we can secure their survival.

A love letter to a misunderstood and underestimated bird, urging us to be more thoughtful in our dealings with our little friend.

A love letter to sparrows which urges us to protect nature's treasured diversity.



Nature & Climate Change

Publishing House: Heyne
Format: Paperback
With illustrations from: Bernd Pöppelmann
Pages & Size: 224 | 12,5x20,0 cm
Illustrations: 16 b/w illustrations
Original title: Federleicht

CONTACT US DIRECTLY AT

foreignrights.penguinrandomhouse.de/contact

✉ lizenzen@penguinrandomhouse.de

AUTHOR

Eva Goris



© Karin Costanzo

Eva Goris has a degree in biology, and worked as editor at the Westdeutsche Allgemeine Zeitung, head of section for science and the environment at Bild am Sonntag, and a press officer at Greenpeace and the German Wildlife Foundation. Her investigative reports have won her many prizes, and she has published several books.

AUTHOR

Claus-Peter Hutter



© Oliver Bürkle

Claus-Peter Hutter is the honorary president of the NatureLife-International Foundation, an honorary senator of the University of Hohenheim, and a lecturer at the University of Stuttgart. As the author of numerous publications on environmental and consumer issues, he is committed to preserving everyday knowledge as a living cultural and natural heritage. As head of the

Auguste von Bayern, group head at the Max Planck Institute for Ornithology

A brilliant voice speaking out in support of these underestimated birds, who are an inextricable part of our everyday lives.

Elli H. Radinger, author of The Wisdom of Wolves

Until now, we hardly knew that these unbelievably social, funny and intelligent birds are actually endangered. Light as a Feather changes this, and opens our hearts to the nature and animals around us.

Hannes Jaenicke, nature documentary film-maker

Everyone should read this astonishing account of the sparrow world, which increases our understanding of the wonders nature has to offer.

Christof Schenck, Executive Director of the Frankfurt Zoological Society

Encompasses both rational arguments around nature conservation and emotional encounters with nature – well researched and entertainingly written.

Der Falke

Baden-Württemberg Environmental Academy, he has implemented numerous educational projects to offset the loss of knowledge concerning nature and culture for many years. Hutter was awarded the German Order of Merit.

BIRGIT LUTZ



Nature & Climate Change

Publishing House: btb

Format: Paperback

Pages & Size: 496 | 13,5x20,6 cm

Original title: Nachruf auf die Arktis

An Epitaph to the Arctic

THERE'S STILL TIME TO SAVE THE PLANET

Date of publication: November 09, 2022

Colour illustrations throughout

The expedition leader and Arctic expert Birgit Lutz writes about the fragile state of the Polar region

With this book, Birgit Lutz, expert on the Arctic, takes us on a very special journey – this time, however, it's not a freezing expedition to the North Pole or a whale hunt in East Greenland with the Inuit, but a wake-up call. For here, Lutz explores the hitherto little-known changes that the warming of the Arctic has inflicted on our landscape.

In 2021, she travelled to Spitzbergen, and this is her account of a transformation that may have begun gradually, but is now proceeding at pace. She talks to those directly affected by it, as well as to renowned scientists. Yet "An Epitaph to the Arctic" is intended to be more than a reiteration of our shock and helplessness in the face of catastrophe. It is, in fact, a call to action: we urgently need to seize the day and rethink the way we live and behave. Each of us can do their bit to help turn the tide, and preserve and protect this unique region – and with it the whole planet, in all its diversity.

CONTACT US DIRECTLY AT

foreignrights.penguinrandomhouse.de/contact

✉ lizenzen@penguinrandomhouse.de

AUTHOR

Birgit Lutz



© Boris Storz

Birgit Lutz, born in 1974, has twice skied from the Russian ice station Barneo to the North Pole, and crossed Greenland without a guide. On her first journey to the North Pole in August 2007, she was utterly fascinated by the region, and has since focused on the Arctic in her journalism. She acts as a guide and expedition leader on board expedition vessels, and has lectured on this fragile ecosystem both at sea and on land. Her reports, among others for the Süddeutsche Zeitung, have won her several awards.

MAIK BAUMGÄRTNER, ANN-KATRIN MÜLLER



History

Publishing House: DVA
 Format: Hardcover
 Pages & Size: 384 | 13,5x21,5 cm
 Original title: Die Unsichtbaren

The Invisibles

HOW FEMALE SECRET AGENTS HAVE SHAPED GERMAN HISTORY

Date of publication: October 26, 2022

With photos

Women under cover: the impact of German female secret agents

Our image of the secret services has been shaped by James Bond and Jason Bourne – yet in reality, not all secret agents are male. Ever since the bygone days of the German Empire, countless women have worked for German and international intelligence services, stealing military documents, watching and sabotaging enemies, recruiting informants and unmasking enemy spies. But although female agents have proved just as successful as their male colleagues, their impact on history has been underestimated to this day.

Maik Baumgärtner and Ann-Katrin Müller have looked into these women's activities over the past century, examined countless files and spoken to both former and active female secret agents working for, or in, Germany. In this book, the two Spiegel contributors tell their stories, and shed light on the women who have paved the way for the current generation of female spies.

CONTACT US DIRECTLY AT

foreignrights.penguinrandomhouse.de/contact

✉ lizenzen@penguinrandomhouse.de

AUTHOR

Maik Baumgärtner



© juliasteinigeweg/DER SPIEGEL

Maik Baumgärtner, born in 1982, has written for the Spiegel since 2011, specialising in political security and the secret services. He is the co-author of books on right-wing extremism and drug crime, and has been awarded the German Reporter Prize and the Nannen Prize for investigative journalism.

AUTHOR

Ann-Katrin Müller



© juliasteinigeweg/DER SPIEGEL

Ann-Katrin Müller, born in 1987, has a degree in political science and European studies from Bonn and London. She has worked for the Spiegel since 2013, investigating topics relating to domestic security, as well as disinformation, sexual violence and misogyny. Müller has been awarded the Axel Springer Prize for Young Journalists for her work.



History

Publishing House: C. Bertelsmann
Format: Hardcover
Pages & Size: 368 | 13,5x21,5 cm
Illustrations: 20 color illustrations
Original title: Die letzten Geheimnisse des Orients

DANIEL GERLACH

The Last Secrets of the Middle East

MY JOURNEY TO DISCOVER OUR CULTURAL ROOTS

Date of publication: September 14, 2022

With numerous photographs and a map of the ancient Middle East

A road trip to the Orient and Occident's fascinating and entangled history


Who was Jesus? How was it possible for a hippie with an artistic bent to found a world religion? What does "The Exorcist" have to do with ISIS? And why do men with moustaches choose to remain silent on the Golan Heights?

No other region of the world has fascinated the West as much as the Middle East, the cradle of the three great monotheistic religions. Yet these days, news of war and terror all too often overshadow the rich cultural heritage that has made this region a paragon of diversity and tolerance over the centuries. It is high time to explore this lesser known aspect of the fascinating history of the Middle East. On a thrilling voyage of discovery from the Persian Gulf to the Bosphorus, Gerlach tracks down the Middle East's cultural riches, whose legacy still shapes the world today, and invites us to rediscover the many things the West and the Middle East have in common.

C.Bertelsmann

CONTACT US DIRECTLY AT

foreignrights.penguinrandomhouse.de/contact

 lizenzen@penguinrandomhouse.de

AUTHOR

Daniel Gerlach



© Mahmut Koyas

Daniel Gerlach, born in 1977, studied history and Middle Eastern studies at Hamburg University and the Sorbonne. He is the author and editor of several works of non-fiction about the history and current affairs of the Arab world, and regularly appears as an expert on the Middle East in national and international media. Gerlach is the co-founder and editor-in-chief of zenith, a journal on Middle Eastern affairs, and the director of the Candid Foundation think tank in Berlin. He also currently acts as advisor for round-table discussions and peace initiatives relating to Syria and Iraq.



History

Publishing House: Penguin
 Format: Paperback
 Pages & Size: 304 | 11,8x18,7 cm
 Illustrations: 18 b/w illustrations
 Original title: Das Zeitalter der Hexenverfolgung

EVA-MARIA SCHNURR (EDITOR)

The Great Witch Hunt

HOW THE FEAR OF BLACK MAGIC SHAPED EUROPEAN HISTORY

Date of publication: October 13, 2022

Rights sold to: China (Zhejiang People's Publishing)

With illustrations

Myths, power and the fear of black magic: the history of European witch hunts

In Europe, the dawn of the Modern Era inaugurated a time of upheaval and anxiety, as people began to question traditional beliefs. At the same time, our fear that the world was about to end brought with it a dread of witchcraft and black magic, which many blamed for the impending catastrophe.

In this book, renowned historians and Spiegel authors take a fresh look at the cruel witch trials and the fate of their victims. They explain why so many women and men were persecuted as supposed witches or warlocks, brutally tortured and executed, and debunk widespread myths about this dark period – revealing that the witch hunts were often merely a smokescreen for power plays, social conflict and political rivalry.



CONTACT US DIRECTLY AT

foreignrights.penguinrandomhouse.de/contact

✉ lizenzen@penguinrandomhouse.de

EDITOR

Eva-Maria Schnurr



© David Maupilé / DER SPIEGEL

Eva-Maria Schnurr, born in 1974, has a PhD in history. She was a freelance contributor to Die Zeit and the Stern, among others, before becoming an editor at the Spiegel in 2013. In 2019, she was appointed head of the Spiegel's history section.



History

Publishing House: btb
Format: Hardcover
Pages & Size: 288 | 12,5x20,0 cm
Original title: Villa Verde oder das Hotel in Sanremo

EVA WEISSWEILER

Villa Verde, or: the Hotel in San Remo

THE BENJAMIN FAMILY'S EXILE IN ITALY

Date of publication: September 28, 2022

Selected by New Books in German

English reader report available

English sample translation available

With 25 b/w photographs

A small hotel on the Riviera dei Fiori becomes a meeting point for exiles and literary figures

This is the history of the Villa Verde, the little hotel in San Remo once owned by Dora Sophie Kellner, Walter Benjamin's ex-wife. Dora was an ambitious author, translator and journalist; she was also Jewish, and left Berlin when Hitler came to power. A practical woman with a head for business, she built a new life for herself and her son Stefan in San Remo – and this hotel high above the sea, which she owned from 1934 to 1940, turned out a great success. It was frequented by authors, artists and journalists, as well as aristocrats, profiteers, refugees and speculators, and her guests included everyone from the Adornos to the dramatist Richard Beer-Hofmann. Walter Benjamin himself returned again and again, calling it his "oasis of calm" during those itinerant years. Yet the hotel also witnessed dramatic events – jealousy, intrigues, love affairs, and all the major and minor tragedies of life in exile. In 1940, two years after Dora managed to flee to London, the Italian race laws forced it to close.

btb

CONTACT US DIRECTLY AT

foreignrights.penguinrandomhouse.de/contact

✉ lizenzen@penguinrandomhouse.de

AUTHOR

Eva Weissweiler



© Horst Galuschka

Eva Weissweiler is a highly regarded musicologist and biographer. Among her most famous books are "Clara Schumann", "Die Freuds" ("The Freuds"), "Tussy Marx. Das Drama der Vattertochter" ("Tussy Marx: the Drama of the Daddy's Girl"), "Otto Klemperer" and many more.

With an afterword by Dora and Walter Benjamin's granddaughter, Mona Benjamin.



Social & Cultural Studies

Publishing House: Goldmann
 Format: Paperback
 Pages & Size: 320 | 13,5x21,5 cm
 Original title: In eurem Schatten beginnt mein Tag

VERONICA FRENZEL

My Day Dawns in Your Shadow

HOW MY FAMILY'S NAZI PAST MADE ME A RACIST

Date of publication: September 28, 2022

The story of Frenzel's impressive, courageous and very personal battle with the legacy of National Socialism, and her experience of being raised a racist

Even as a child, the award-winning journalist Veronica Frenzel suspected that there was something dark lurking in her family's history. No one would speak openly about what her grandparents did during the Nazi era, or what they thought about racism, so she only found out about it indirectly, and from overheard fragments of conversations.

One day, she catches herself thinking racist thoughts during an anti-racism seminar. She is shocked. Where did they come from? After all, she has studied history, embraces diversity, and has lived and worked all over the world. To rid herself of these thoughts, Frenzel decides to find out more: she speaks to her relatives, to psychologists and to victims of the Nazis, and dissects her own family's history. Slowly, she realises that she was raised and socialised as a racist. "My Day Dawns in Your Shadow" is Frenzel's warts-and-all story of how her grandparents' Nazi legacy engendered her own xenophobic views. She describes how the Nazis' racist ideology still affects our society, and thereby all of us, resulting in our constantly debasing ourselves, our friends, our family and our environment – and explains what we can do about it.

A very personal, brave and at the same time shocking exposé of the legacy of Nazi Germany, and of our own inherent racist attitude.



CONTACT US DIRECTLY AT

foreignrights.penguinrandomhouse.de/contact

✉ lizenzen@penguinrandomhouse.de

AUTHOR

Veronica Frenzel



© Antonio Perrone

Veronica Frenzel is a freelance radio and print journalist based in Berlin, where she contributes among others to Deutschlandradio, ARD television and SZ Magazin. She has won several awards for her work – including the prestigious Axel Springer Prize – and has been shortlisted for the Theodor Wolff Prize as well as the Reporterpreis. She has spent several months working in Kenya, Mozambique and Uganda. She was recently awarded scholarships by SZ Magazin and the Robert Bosch Foundation's Grenzgänger programme.



Social & Cultural Studies

Publishing House: Goldmann
 Format: Paperback
 Pages & Size: 256 | 13,5x21,5 cm
 Original title: Aus dem Bauch heraus

JANA HEINICKE

Belly Instinct

WE NEED TO TALK ABOUT MOTHERHOOD

Date of publication: November 09, 2022

A long overdue polemic exposing the myths and taboos around motherhood

Motherhood is still considered by society to be the greatest happiness and the one true fulfilment in a woman's life. No wonder that this high ideal raises expectations and that any deviation from it seems like failure to us. When Jana Heinicke becomes a mother, the emotional balancing act between myth and reality could not be greater. She has plenty of maternal feelings – love is only one among many.


In this book, Heinicke explores the gap between the ideal and reality: Where does the romanticised image of the ever-happy and godlike mother come from? What expectations, fears and doubts does this myth fuel? How does it affect pregnancy, birth and the postpartum period? Who benefits from it? And why are maternity guides always about the child, but never about the mother? Jana Heinicke dissects the ideal of the good mother with linguistic precision, emotional depth and a good pinch of self-irony and shows why it is worthwhile not to live up to it.

"Belly Instinct" is a fiery plea for self-determined motherhood and an appeal to society, science and politics: mothers are people, not myths.

 GOLDMANN

CONTACT US DIRECTLY AT

foreignrights.penguinrandomhouse.de/contact

 lizenzen@penguinrandomhouse.de

AUTHOR

Jana Heinicke



© Carolin Weinkopf

Jana Heinicke, born in 1986 in Berlin, studied literary translation at the University of Leipzig and creative writing at the Academy of Arts in Bern. While still a student, she wrote her first works of children's and YA literature, which won her several awards. In 2016, she published her first children's book, "Udo braucht Personal" ("Udo Needs Staff"), followed by the sequel "Udo findet Streiten doof" ("Udo Thinks Arguing is Dumb") in 2018. After giving birth to her son in 2019, she started an Instagram blog with an ever increasing following, on subjects including feminist motherhood, equal parenthood, and her attempt to reconcile her writing with motherhood.
www.janaheinicke.de



Social & Cultural Studies

Publishing House: Kösel
 Format: Paperback
 Pages & Size: 240 | 13,5x21,5 cm
 Original title: Streicheln oder Schlachten

MARCEL SEBASTIAN

Stroke or Slaughter?

WHY OUR RELATIONSHIP WITH ANIMALS IS SO COMPLICATED, AND WHAT IT SAYS ABOUT US

Date of publication: September 28, 2022

We need to talk about our relationship with animals – and how sociologists can help

"It's complicated" – there's no better way to describe the human-animal relationship. While the value of cattle, pigs, etc. is usually measured in money per kilogram, pets are considered beloved family members. We see pets are living beings, but farm animals as mere things.


More and more people are trying to treat animals "properly" – but it isn't easy.

Why do we stroke some animals, but slaughter others? And why are we increasingly questioning this inequality? And how does our dependence on animals lead to zoonotic diseases like Covid?

In this book, Marcel Sebastian, an expert on human-animal relationships, explains the historical, sociological and cultural background of our ambivalent treatment of our fellow creatures. Both informative and entertaining, this book will make you rethink your own attitude.

CONTACT US DIRECTLY AT

foreignrights.penguinrandomhouse.de/contact

 lizenzen@penguinrandomhouse.de

AUTHOR

Marcel Sebastian



© privat

Dr Marcel Sebastian is a specialist in the sociology of human-animal interaction. His PhD thesis involved his going to slaughterhouses and observing how the staff deal with the daily killing of animals. He received a scholarship for his PhD studies from the Heinrich Böll Foundation, has been a scientific coordinator at the Europa University in Flensburg, and is currently working as part of the Group for Society and Animal Studies at Hamburg University. He is a sought-after speaker, organises workshops and frequently appears in the media – from Ze.tt and the Spiegel to Deutschlandfunk Kultur, SWR2, WDR and ZDF.
www.marcelsebastian.de



Biographies & Memoirs

Publishing House: C.

Bertelsmann

Format: Hardcover

Pages & Size: 320 | 13,5x21,5
cm

Illustrations: 30 color
illustrations

Original title: Die Begnadeten

MICHAEL HORENI

The Blessed

BEAUTY, PAIN AND LONELINESS: THE RISE AND FALL OF THE GODS OF
FOOTBALL

Date of publication: October 26, 2022

English sample translation available

Photos throughout

The beautiful and damned: the rise and fall of footballing legends

Franz Beckenbauer, George Best, Diego Maradona, Mesut Özil, Michel Platini and Sócrates are international footballing legends. Yet they were also artists – some of them were even survival artists. They once, each in his own way, embodied the beautiful game, but their easy skill on the pitch – which they ruled, and which protected them – was followed by catastrophe away from it. They fell hard, and paid dearly, losing their honour, their home, their lives.

Bestselling author Michael Horeni's portraits of these footballing gods bring them back to life in all their brilliance and anguish.

CONTACT US DIRECTLY AT

foreignrights.penguinrandomhouse.de/contact

✉ lizenzen@penguinrandomhouse.de

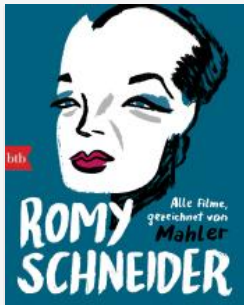
AUTHOR

Michael Horeni



© Julia Zimmermann

Michael Horeni, born in 1965, is the Frankfurter Allgemeine Zeitung's sports correspondent, and is the author of, among others, "Klinsmann" (2005), "Die Brüder Boateng" ("The Boateng Brothers", 2012), and, together with Hans-Joachim Watzke, the bestseller "Wahre Liebe" ("True Love", 2019). Horeni has spent more than twenty years as correspondent-in-chief on matters regarding the German national football team, and has reported on 15 World Cups and Euros. He is the winner of the German Fair Play Award.



Biographies & Memoirs

Publishing House: btb
 Format: Paperback
 Pages & Size: 128 | 15,0x18,7 cm
 Illustrations: 120 color illustrations
 Original title: Romy Schneider

NICOLAS MAHLER

Romy Schneider

ALL OF HER FILMS, DRAWN BY NICOLAS MAHLER

Date of publication: May 09, 2022

Colour illustrations throughout

A book for fans of Romy Schneider and all lovers of classic cinema

An homage to Romy Schneider that takes a fresh look at the mysterious icon – one of the last true divas of the twentieth century. Nicolas Mahler, "the international star illustrator" (arte), famous for his congenial adaptations of literary classics from James Joyce to Thomas Bernhard, has re-watched every one of this exceptional actor's 62 films, and drawn them – including Schneider's most famous on-screen partners, Michel Piccoli, Alain Delon, Helmut Berger, and even the Alfa Romeo Giulietta from the classic "The Things of Life".

An eye-opening memorial: Romy Schneider as you've never seen her before.

Nicolas Mahler's comic strips are wonderfully entertaining and funny.

Die Zeit

btb

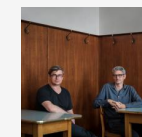
CONTACT US DIRECTLY AT

foreignrights.penguinrandomhouse.de/contact

✉ lizenzen@penguinrandomhouse.de

AUTHOR

Nicolas Mahler



© Leonhard Hilzensauer

Nicolas Mahler, born in 1969, is a comic book artist and illustrator. His comic books and illustrations have appeared in Die Zeit, NZZ am Sonntag, FAZ and Titanic. He has won several prizes, including the 2010 Max & Moritz Prize for best German comic artist and the 2015 Literaturhäuser Prize. His most recent books are "Thomas Bernhard. Die unkorrekte Biografie" ("Thomas Bernhard: An Irregular Biography", Suhrkamp) and, with Jaroslav Rudiš, the graphic novel "Nachtgestalten" ("Creatures of the Night", Luchterhand).

ALEXA VON HEYDEN

Poppies and Rain

HOW I FOUND MYSELF ON A JOURNEY WITH MY MOTHER

Date of publication: November 09, 2022

When Alexa von Heyden's mother found happiness at the age of 70, she inspired Alexa to forge her own path

When Alexa von Heyden is in her late thirties, the journalist, popular fashion and lifestyle blogger and author faces a turning point in her life. Her unfulfilled desire to have children has sent her into a deep despair. She turns to her mother for help, who has found bliss at the age of 70. The two of them spontaneously decide to journey to the US, and get to know each other afresh. While the retired doctor meets up with an old flame, Alexa learns to let go and gains a new outlook on life. The story of two strong women who question their roles as mother and daughter – and of two people at a crossroads, who teach each other to regard fate as an opportunity.

A gift of a book!

Personality Mag

Touching.

Woman

The inspiring tale of two strong women.

Maxi



General Non-Fiction

Publishing House: Diana Verlag
Format: Paperback
Pages & Size: 272 | 13,5x20,6 cm
Original title: Mohn und Regen

CONTACT US DIRECTLY AT

foreignrights.penguinrandomhouse.de/contact

✉ lizenzen@penguinrandomhouse.de

AUTHOR

Alexa von Heyden



© Juliane Dunkel / juliipHOTOGRAPHY

Alexa von Heyden, born in 1978, is a journalist and author. After graduating from university and a 15-year stint in Berlin and Hamburg, she now lives in an old house on a lake in Brandenburg with her family. She writes for, among others, Elle, Harper's Bazaar, Stern and Journelles. In 2007, she started her blog "Alexa von Heyden: Villa Peng", where she writes inspiring posts about fashion, interiors, beauty and food. Her 2013 book "Hinter dem Blau" ("Beyond the Blue") became a bestseller, followed by "Meine Sonne. Mein Mond. Meine Sterne" ("My sun. My moon. My stars") a year later. Both are based on Von Heyden's personal story – as is "Poppies and Rain".

TIM PRÖSE

The Day that Changed My Life

PEOPLE WHO HAVE OVERCOME SERIOUS CRISES AND FOUND THEMSELVES
– 15 INSPIRING ENCOUNTERS

Date of publication: September 14, 2022

Inspiring lives – told movingly and sympathetically

Suddenly, the world stands still. A sudden tragedy, war, or an act of desperation can change our lives for ever, in the blink of an eye: There is a young man who goes blind and yet fulfils his dream of paragliding. An elite soldier who, after a long struggle inside and out, finds happiness as a kindergarten teacher. A woman who survives a hostage situation. An autistic person who learns to break out of the prison of his emotions and with his special knowledge is suddenly in demand on the job market.

How do we handle events like these, and how can we manage to pick up the pieces after we've reached rock bottom and lost everything?

The bestselling author Tim Präse has spent time with people who have gone through just that, and composed 15 moving portraits showing their astonishing strength of mind and resilience. Inspiring stories of everyday people that will give you hope and embolden you to tackle life with a positive mindset, and forge your own path.

My friend Tim Präse has published a very moving new book. I highly recommend it

Facebook-Post von Udo Lindenberg




General Non-Fiction

Publishing House: Heyne
Format: Paperback
Pages & Size: 256 | 13,5x20,6 cm
Illustrations: 16 b/w illustrations
Original title: Der Tag, der mein Leben veränderte

CONTACT US DIRECTLY AT

foreignrights.penguinrandomhouse.de/contact

 lizenzen@penguinrandomhouse.de

AUTHOR

Tim Präse



© Paul Flemming

Tim Präse, born in 1970, is an author and freelance journalist living in Munich. He studied communication science, politics and psychology, and has been a chief correspondent of the Münchner Abendzeitung as well as profile and reportage editor at Focus, and was awarded the Catholic Media Prize. His perennial bestseller "Jahrhundertzeugen. Die Botschaft der letzten Helden gegen Hitler. 18 Begegnungen" was published in 2016 (FAZ: "One of the most moving books of the year") and his 2020 book "Jan Fedder – Unsterblich" ("Jan Fedder – immortal") was an instant No. 1 hit, as was his portrait of a Stalingrad survivor, "Hans-Erdmann Schönbeck: '... und nie kann ich vergessen'" ("Hans-Erdmann Schönbeck: '...and I'll always remember'"). His most recent book is 2022's "Der Tag, der mein Leben veränderte" ("The day my life changed").
www.timproese.com



General Non-Fiction

Publishing House: Goldmann
 Format: Paperback
 Pages & Size: 224 | 13,5x20,6 cm
 Illustrations: 1 b/w illustrations
 Original title: Aitutaki-Blues

LUKAS SAM SCHREIBER

Aitutaki Blues

ALZHEIMER'S, MY MOTHER AND OUR JOURNEY HALFWAY ROUND THE WORLD

Date of publication: November 09, 2022

Rights sold to: Korea (Kukmin)

How it feels when a brilliant mind slowly fades: a moving story about a mother and son, and a very special journey

Claudia Schreiber is ill. When she collapsed three years ago, it took weeks before she was diagnosed with Alzheimer's. Ever since, she has been losing a little bit of herself every day – and her sons are losing their mother, a retired journalist and author whose mind once meant everything to her.

Lukas Sam Schreiber, Claudia's youngest son, now tells her story in "Aitutaki Blues". Shortly after his mother's Alzheimer's diagnosis, he helped her fulfil a long-held dream of seeing the tiny Pacific island of Aitutaki. It was on their travels that Lukas's Audible podcast "Aitutaki Blues" was born, as he got to know his mother afresh while also learning more about her illness. Claudia and Lukas's story is heart-warming and moving – and reveals what a diagnosis of Alzheimer's really means.



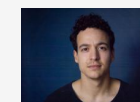
CONTACT US DIRECTLY AT

foreignrights.penguinrandomhouse.de/contact

✉ lizenzen@penguinrandomhouse.de

AUTHOR

Lukas Sam Schreiber



© Jens Oellermann

Lukas Sam Schreiber, born in 1991, is a podcast producer. He has travelled to all corners of the world, but the long journey to the Aitutaki atoll is the one that has affected him most, not least because of his two travelling companions – his mother Claudia and her Alzheimer's. Ever since then, Lukas sees things very differently – particularly life and death.



General Non-Fiction

Publishing House: Penguin
Format: Hardcover
Pages & Size: 256 | 13,5x21,5 cm
Original title: Wie ich einmal alles schaffen wollte, was ich mir schon immer vorgenommen habe

MARTIN WITTMANN

How I Set Out to Do the Things I Always Wanted to Do

1 YEAR, 12 RESOLUTIONS, 123 INSIGHTS

Date of publication: November 09, 2022

Is it really possible to live a better, healthier, more sustainable and engaged life – all at the same time?

We are full of good intentions – whether it's to live a healthier lifestyle, help save the environment or learn a new language. Yet we keep putting things off. Why is that? To find out, journalist Martin Wittmann challenges himself to a year of self-improvement – that is, to become better not just at one thing, but at lots of very different things. He resolves to live a greener, more creative, more focused and more engaged life, in short: to become a better person. Over the next 12 months, he tries to turn eleven good intentions into reality, and to integrate these changes into his career and family life.

This is his honest and often funny account of this exhausting experiment, from which he gains many unexpected insights. It's the story of his successes and failures, as he tries to convert good intentions into reality, and about the point and pointlessness of self-optimisation.

A book for anyone who keeps promising themselves that they'll make changes to their life, but worry that they never will.



CONTACT US DIRECTLY AT

foreignrights.penguinrandomhouse.de/contact

✉ lizenzen@penguinrandomhouse.de

AUTHOR

Martin Wittmann



© Friedrich Bungert

Martin Wittmann, born in 1979, studied sociology in Munich, and began his career with a journalism internship at the Frankfurter Allgemeine Zeitung. He then became a freelance journalist, contributing mostly to the Süddeutsche Zeitung. In 2016, he was appointed editor of the paper's "Seite Drei" (background reportage), and in 2019 became editor of "Buch Zwei" (in-depth reportage). He has published two books so far, one on Bavaria and one on Australia. He has won several awards for his work, most recently the Reporter Prize for science journalism.